



Friday 26th January 2024

Issue number 738

www.st-marys-truro.cornwall.sch.uk

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Intrepid Travellers!

Talk of the town this week here at St. Mary's, has been our Courage Class residential trip to Bristol! After an early start and much excitement on their journey, Courage Class arrived at the Bristol Aquarium for their tour on Wednesday. They had the opportunity to see many of the magnificent species of aquatic life and even had an exclusive fish feeding experience!



Following this, the children then had a stroll around Bristol's floating harbour before checking in to their accommodation for the evening. Then, the most fun of all, Courage Class went off to the Bristol Hippodrome to watch the excellent 'Wicked'.

The next morning, the children ventured along the harbour to the S.S. Great Britain. It was here that Courage Class had a guided tour and a very informative meet and greet explaining the ship's great history!

Courage Class had a wonderful time, we have loved hearing all the stories upon their return to school on Friday.

You're never too young to make a difference.

1 Timothy 4:12



NSPCC Number's Day!



On Friday 2nd February we will be taking part in the NSPCC Number Day 2024. We would like to invite all children and staff to "Dress Up for Digits". Children may simply wear an item of clothing with a number on it for example a favourite sports top or cap, or even a onesie. Why not get more creative and design a unique t-shirt, hat or even become a human-sized calculator or dice?

We will have a mathstastic fun-filled day of magical maths, "Dress up for Digits", activities and games. We will also be welcoming donations for the NSPCC's Speak out, Stay safe services.



NSPCC

**Speak out.
Stay safe.**



FOSM Disco!



Wednesday 7th February 2024

*Discotastic fun while providing fundraising support with
Friends of St Mary's*

Price: £2.00 per child

Infants 3.30-4.30pm Juniors 4.45-5:45pm

Letters with more information will be sent out next week!

*As well as the chance to hit the dance floor we'll also be
selling sweets and drinks, please make sure any money is
brought in a named purse.*

*We would love some extra helpers, if you're planning to
stay, then please do consider spending some time behind the
sweet stall -it's always busy and many hands keep the
queue moving and the customers happy.*

See you on the dance floor!



Self-care is crucial and self-compassion is the starting point.

Everything is connected. What we put into our bodies impacts our energy levels, which impacts how well we perform inside and outside the classroom.

We all know that looking after ourselves is one of the best things we can do but sometimes we need a gentle nudge in the right direction. This session teaches young (and old!) people positive healthy habits linked to eating, moving and sleeping. Mastering these habits early is the key to feeling great and having an amazing life. Some of the topics covered include screen time, how we have more options than we think, how we learn, the importance of family connection and a strong sense of self.

We are excited to open this session to the whole school community so please attend this session with your children. We are enriching the already thriving community of St Mary's C of E primary, we are fostering a sense of belonging, community and uniqueness.

The session is interactive, practical and great fun. Designed to be positively transformational and equip pupils and adults alike with lifelong tools to facilitate potential, our Art of Brilliance programs are underpinned by cutting-edge research and have been delivered in schools around the world.

We are thoroughly looking forward to joining you; and together we will make a positive difference in your school and community.

Session Date: **Tuesday 20th February 2024**

Session Times: **3.30pm – 4.30pm or 4.45pm – 5.45pm**

Book Here: **Your school Gateway account**

For more information please contact: **Laura or Becky in the office**




BRILLIANT BOOK Fair




2024

ST MARY'S SCHOOL



Join us for our brilliant Scholastic book fair in the hall on the 1st and 2nd April after school. Children will visit the book fair throughout the week to look at the latest releases available in fiction and non-fiction. Parents are then invited in to purchase books if they would like. All books purchased will raise much-needed funds for our school library.



Scholastic Book Fair 1st and 2nd April



After School Clubs

As a reminder, the clubs list is as follows:

Monday: Blue Peter Book Club - Y3, Y4, Y5, Y6
 KS1 Football - YR, Y1, Y2
 KS2 Tag Rugby - Y5, Y6

Tuesday: KS1 Multi Sports - YR, Y1, Y2

Wednesday: Art Club - All Year Groups
 Running Club - Y4, Y5, Y6

Thursday: KS2 High Five Netball/Basketball - Y3,
 Y4, Y5, Y6
 Mindful Creativity - All Year Groups

All club information is available on Gateway. If you would like to be added to the waiting list for a club which is full, please contact the office.

STARS OF THE WEEK

Year R

Sunrise

Lamorna Chase

For really challenging herself with her learning and making great progress

Year 1

Joy

Arlo-Wolf Rothon

For being a super big brother and writing a kind and caring letter

Year 2

Trust

Callum Williams

For always completing his morning work and starting the day positively

Year 3

Hope

Eddie Thurlow

For his amazing adventure hiking along the Cornish coastline

Year 4

Friendship

Blake Thomas

For describing emotion cards and making a delicious cake!

Year 5

Compassion

Neva Taylor

For fantastic printing skills in art

Year 6

Courage

Courage Class were having far too much of a wonderful time in Bristol to be here for Celebration Assembly this week!

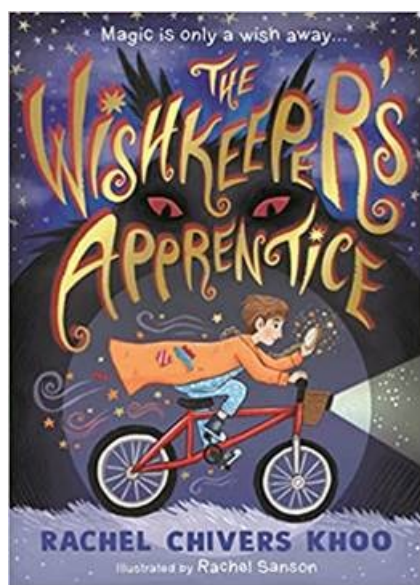


Reading Awards



Bronze: Sam Morgan, Arlo Julyan, Dotti Daly, Ross Prichard, Luna-Rose Blaney, Emily Bostock, River-Rose Sharrinton-Jenkins, Arlo Wolf Rothon, Reuben Norton, Zak Abdalla, Tabitha Buist, Teddy Julyan, Agnes Richards, Arlo Julyan, Jacob Trenerry-Talbot, Ralph Trevail, Nathan Watkinson, George Williams, Zachary Young, Isobel Lewin, Carmen Watkinson, Rex Aucott, Fergus Bennett, Lily Stobbs, Olivia Stock, Erica Green, Ben Hocking, Idris Gough, Henry Smith, Molly Pollard, Harvey Headley-Brown, Reva Dhumane, Amelia Abdalla, Tristan Baden, William Parker

Recommended Read



The Wishkeeper's Apprentice

Author: Rachel Chivers Khoo

Illustrator: Rachel Sanson

When Felix meets a little man fishing coins out of the town's fountain, he discovers that whenever anyone in the town makes a wish, it is Rupus Beewinkle who makes it come true. The wishkeeper is in dire need of an apprentice to help him, and as Felix is the only one to be able to see him, this becomes Felix's new job. But there's a terrifying wishsnatcher on the loose, determined to destroy every wish, and along with it, everyone's hopes and dreams. And Felix soon discovers

that his normal everyday family life could be at stake. But can one anxious boy and one disorganised wishkeeper with a sweet tooth defeat the wishsnatcher monster?

A delightfully charming and perfectly plotted adventure that packs a real emotional punch. Felix is lonely at school, and feels estranged from his older sister & both situations some readers will recognise. With moments of gentle humour, short chapters, and many sweet illustrations by Rachel Sanson throughout, this is perfect for the upper end of Key Stage 1 and lower end of Key Stage 2.

Interest Age: 6-8

Reading Age: 7+

Jigsaw Weekly Celebration

*This week, we will be celebrating
people who:*

Work well with a partner or in a group

*Ross Pritchard, Rose Holmes, Dotti Daly,
Reuben Norton, Lox-Lowen Walton, All of
Year 4!, Lily Walker, Jack Savage, Oliver
Keast, Freddie Green, Elowen Elliott-Bennett,
Travis Stock, William Parker, Edward
Williams, Jake Morgan, Henry Smith,
Amelia Abdalla, Luna Miller, Idris Gough,
Ruan Lewis, Rudo Keeler, Eve Baker, Zak
Abdalla, Freddie Booker, Ruby Whaley,
Dylan Smith*



Diary Dates

Tuesday 30th January 2024	Year 1 Trip to Royal Cornwall Museum
Friday 2nd February 2024	NSPCC Number Day
Friday 9th February 2024	Year 2 Museum Trip
Monday 12th February 2024	Half Term
Monday 19th February 2024	School Opens
Tuesday 20th February 2024	Wellbeing Workshop
Wednesday 20th March 2024	Rocksteady Easter Concert
Monday 26th February 2024	Parents Evening
Tuesday 27th February 2024	Parents Evening
Wednesday 28th February 2024	Parents Evening
Tuesday 26th March 2024	Easter Service - Kenwyn Church
Friday 29th March 2024	Easter Break - Happy Easter!
Monday 15th April 2024	School Opens
Wednesday 1st May 2024	Schoolastic Book Fair
Tuesday 2nd May 2024	Schoolastic Book Fair
Monday 6th May 2024	Bank Holiday
Monday 27th May 2024	Half Term
Monday 3rd June 2024	School Opens
Tuesday 4th June 2024	Hatchbox Class Photographs
Monday 10th - Wednesday 12th June 2024	Year 4 Camp
Monday 17th - Wednesday 19th June 2024	Year 6 Camp
Monday 24th June 2024	Sports Day
Wednesday 17th July 2024	Rocksteady Summer Concert
Monday 22nd July 2024	Inset Day
Tuesday 23rd July 2024	Inset Day



Holiday Clubs

Looking for some fun in the school holidays? Look no further than Imagine Outdoors holiday clubs. These day clubs are a great way for your child to get out and enjoy the great outdoors this school break. With activities from campfire cooking, games, craft and wild walks your child is guaranteed to have a world of excitement. Running at our three different locations in Newquay, Truro and Holywell bay, our instructors are experienced in working with a range of young people and are fun, approachable and friendly.

Imagine Outdoors are pleased to confirm that, should you wish to book your child into their Holiday Clubs, they can offer £10 off.

When booking, enter the below code to redeem:

LJX149

<https://www.imagineoutdoors.co.uk/services-post/holiday-clubs/>

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FOR YOUR
SCHOOL WHEN
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THE BOOK FAIR!

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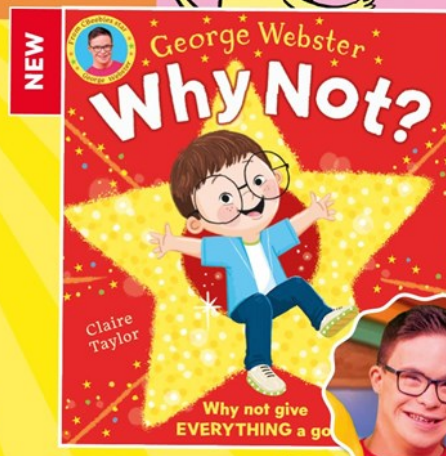
Hey!
That's my
line!



Save
£3



£3.99



£7.99

From CBeebies
presenter George Webster!

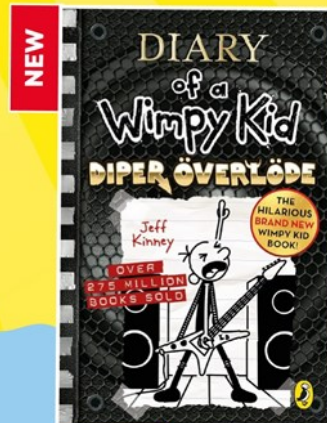


£7.99

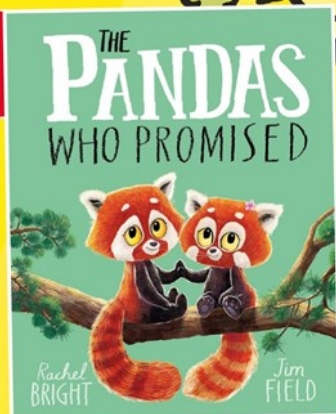
ANNOYING



£3.99



£7.99



£7.99

Work of
genius.
SERIOUSLY.



£8.99 £7.99

available from 5th February

LAST YEAR YOUR SUPPORT HELPED DONATE
£5.3M IN FREE BOOKS TO SCHOOLS NATIONWIDE

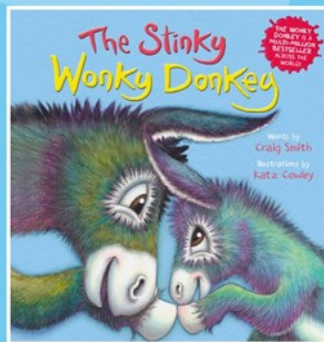
Ages **2+**



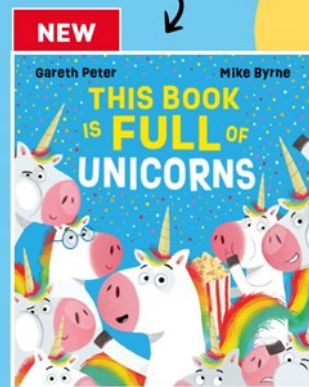
£6.99 **£2.99**



£5.99 **£4.99**



£6.99 **£4.99**



£6.99

How many can you spot?



£9.99 **£8.99**



£6.99



£6.99

With three different sharks inside!



£23.96 **£9.99**

4 for only £9.99

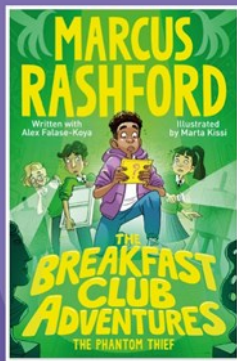
Ages **6+**



£11.98 **£6.99**



2 for only £6.99



£6.99



£7.99 **£3.99**



£7.99

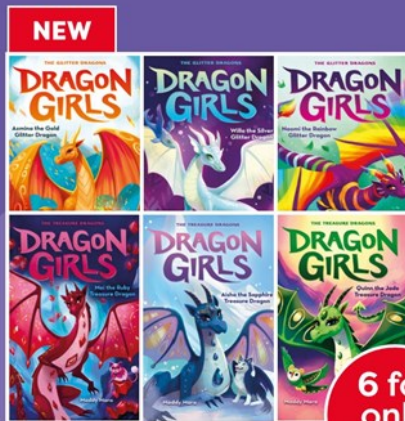


£3.99

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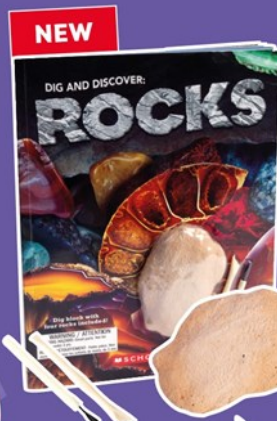


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Payment at our Book Fair

Please check with your school for the best way to pay for your books

- You can pay online at the Fair via card reader machines if your school has one or by using the online payment link at www.bookfairs.scholastic.co.uk/pay and simply selecting your school from the drop down menu.
- Pre-paid gift vouchers are available in **£5, £10, £15, £20** and **£25**. Go to www.bookfairs.scholastic.co.uk/gift-vouchers to buy vouchers for your child before the Fair.
- If you can't attend the Fair in person, your child can order books via a Wish List – please ask your school for details.

HELP EARN FREE BOOKS

Scholastic is one of the largest providers of free books to schools via our Reward scheme which helps to ensure that as many children as possible have access to books that support reading for pleasure. Every time you buy from the Book Fair, you help to make a difference by supporting literacy in your child's setting. Last year, with your help, we gave over £5.3M worth of free books to schools nationwide, which stocked school libraries and classrooms.



*Free books are subject to terms and conditions. Please contact your Book Fair Organiser or Scholastic Book Fairs for details.

All books subject to availability. Book range may vary. ▲ Warning: Not suitable for children under 3. Small parts.

Together for Families

Early Help Parenting Newsletter – Spring 2024



Free information, support and guidance for parents and carers.

Need help?

Contact the Early Help Hub on 01872 322277 for support, advice and guidance.

If you have immediate concerns, are worried about a child or young person's safety, please telephone the Multi Agency Referral Unit (MARU) on 0300 123 1116.

Parenting Support Workshops

We offer interactive parenting programmes both online and face to face. For more information about our parenting support on offer and to book onto a workshop please visit:

www.cornwall.gov.uk/parenting

The programmes currently available are:

Solihull: Understanding your Child – Supporting parents/carers of children aged 1 to 3, 4 to 8, or 9 to 11 (10 x 2-hour sessions)

Take 3 – Supporting parents/carers of teenagers aged 12-17 (10 x 2-hour sessions)

Living with Parents – a one day workshop for parents and their young person aged 12 to 17 years.

Supporting Healthy Relationships – (3 x 2-hour sessions)

- **Me, You and Baby Too** (for parents pre-birth – 12 months)
- **Arguing Better** (for parents of children aged 1 – 19)
- **Getting it Right for Children** (for separated/separating parents with children aged 0 – 19)

Understanding your Child with Additional Needs – a self-guided course accessed through Solihull:

<https://inourplace.heiapply.com/online-learning/course/36>. To access the course, please register for an account using the code TAMAR

- If accessing from a computer, please [click here](#)
- If accessing from a mobile/tablet, please [click here](#)

Bitesize Parenting

Bitesize parenting workshops are weekly 2-hour sessions (12:30 – 14:30) delivered by our parenting team to support on a wide range of topics. Please book on by visiting www.cornwall.gov.uk/parenting

Date	Bitesize Child (for parents/carers of children aged 4-11)
06.02.24	Remaining Calm
13.02.24	Praise and Rewards
20.02.24	Technology and Safety
27.02.24	Sibling Rivalry and Conflict
05.03.24	Bullying
12.03.24	Special time with your child
19.03.24	Supporting Education and School
26.03.24	Routines and Boundaries
Date	Bitesize Teen (for parents/carers of young people aged 12-19)
07.02.24	Sibling Rivalry and Conflict
14.02.24	Teenage Brain
21.02.24	Supporting Education and School
28.02.24	Mental Health and Wellbeing
06.03.24	Remaining Calm
13.03.24	Drugs and Alcohol
20.03.24	Technology and Safety
27.03.24	Body Image

“I found the agreements and I-statements to be valuable tool to tackle this week. You (the facilitator) have been amazing. Very clear messaging every week.”

– Parent of teenager attending Take 3

Positive Parenting Top Tip!

Special Time – Let's Play

Parents need to juggle a lot of different roles in the family, and we can sometimes overlook playing with our children. Children need our attention, and they will gain that any way they can. Giving more positive attention to your child in positive situations, will reduce the need for them to gain attention through negative situations.

We challenge you to spend a minimum of 10 minutes a day of quality, child led play time with your child. This will help your child's self-esteem, mental and emotional health, social skills, communication skills, relationships, and behaviour issues.

So put down your phones, leave the dishes until later and go and get involved in your child's play, they will love you for it.

Service Spotlight

Parent Carers Cornwall is run by parents and carers and our aim is to support and offer guidance to families who have a child with SEND 0-25 years of age.

Our aim is to gather information from Parent Carers and using these unique shared experiences, we take part in consultations and participation work which helps us to shape the development and delivery of services to our children. We also pass on information to families via a newsletter and e-bulletin, arrange coffee and chat sessions and organise training and workshops for parents.

Support is offered to families to help complete DLA/PIP forms if required.

We are on all social media channels as Parent Carers Cornwall or for any information please contact us through our website

<https://parentcarerscornwall.org.uk/>



New Booking Platform

Parents/carers or professionals can access the parenting offer by visiting www.cornwall.gov.uk/parenting.

Parents/carers or professionals will be able to self-book onto workshops using the parenting booking portal, which can be found at the above website. If a family requires targeted or specialist support, an Early Help Request for help should be made via the Early Help Hub: <http://www.cornwall.gov.uk/earlyhelphub>.

If parents/carers or professionals would like support booking themselves or a parent/carer onto a workshop, they should contact the Early Help Parenting Team using the contact details below. An advice line will be available Monday – Friday, 9am – 5pm to support queries.



Parenting children aged 0 to 11

SELECT A SERVICE

Virtual - Understanding your child (pages 1 to 2)
This is a virtual consultation on Zoom. [Find more](#)
[Find more](#)

Understanding your child (pages 1 to 2) Eastern Family Hub
This is a virtual consultation on Zoom. [Find more](#)
[Find more](#)

Understanding your child (pages 1 to 2) Tamar Family Hub
[Find more](#)

Understanding your child (pages 1 to 2) The Park Family Hub
[Find more](#)

Further Parenting Support

For further parenting support, including self-help and support from our partner organisations please visit www.cornwall.gov.uk/parenting.

Contact us

Email: parenting@cornwall.gov.uk

Call: 01872 324323

If you would like this information in another format please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY

Email: equality@cornwall.gov.uk Telephone: 0300 1234 100



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for Families



www.cornwall.gov.uk

WOMEN'S SQUASH

TRY SOMETHING NEW

MAKE NEW FRIENDS

GET FIT



Whether you're a beginner, an experienced player, or you just haven't played in a while, come and join our female-only, fun and friendly sessions.

Tuesday evenings

7:30 – 9:00 PM

Truro Squash and Leisure Club

£3 a session



To get involved, contact Claire or Holly at
womenssquashtruro@outlook.com

Half Term Holiday Camps



Softball

For school years 1 to 4
Tuesday 13th February
10am to 3pm
£15



Hardball

For school years 5 to 8
Wednesday 14th February
10am to 3pm
£20



U13 Indoor Comp

Thursday 15th February
10am to 3pm
Team of 6
£30



At Cornwall Cricket Centre

Truro College Campus
Truro
TR1 3XX



To book scan the QR Code or use the link in the text