



Friday 5th January 2024

Issue number 735

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Happy New Year!

Welcome back to Spring Term at St. Mary's! We hope you all had a wonderful and restful Christmas break. We have really enjoyed hearing the children talk about their time at home with their families.

We have an excellent Spring term planned, including various trips such as the Maritime Museum for Friendship Class and the exciting Bristol Trip for Courage Class as well as many more exciting activities! Further information on upcoming trips can be found on your Gateway App as we move forward.

The Christmas period also brought with it two new arrivals to our St. Mary's Family. Mr. Pritchard welcomed a beautiful little boy, Merryn and Mrs. Spencer welcomed her gorgeous little boy, Hugo. Congratulations to Mr. Prichard, Mrs. Spencer and their families.

We are also extremely pleased to welcome Miss. Mitchell. She has joined as our new Forest School teacher and we are sure that everyone will join us in wishing Miss. Mitchell a warm welcome to St. Mary's.

WELCOME BACK!

You're never too young to make a difference!

1 Timothy 4:12

After School Clubs

We are pleased to announce the return of our after school clubs from 3.20pm on Monday 8th January 2024. The clubs list is as follows:

Monday: Blue Peter Book Club - Y3, Y4, Y5, Y6
 KS1 Football - YR, Y1, Y2
 KS2 Tag Rugby - Y5, Y6

Tuesday: KS1 Multi Sports - YR, Y1, Y2

Wednesday: Art Club - All Year Groups
 Running Club - Y4, Y5, Y6

Thursday: KS2 High Five Netball/Basketball - Y3,
 Y4, Y5, Y6
 Mindful Creativity - All Year Groups

All club information is available on Gateway. If you would like to be added to the waiting list for a club which is full, please contact the office.



art of Brilliance
Eat. Move. Sleep.
Creating Your Best Life



Self-care is crucial and self-compassion is the starting point.

Everything is connected. What we put into our bodies impacts our energy levels, which impacts how well we perform inside and outside the classroom.

We all know that looking after ourselves is one of the best things we can do but sometimes we need a gentle nudge in the right direction. This session teaches young (and old!) people positive healthy habits linked to eating, moving and sleeping. Mastering these habits early is the key to feeling great and having an amazing life. Some of the topics covered include screen time, how we have more options than we think, how we learn, the importance of family connection and a strong sense of self.

We are excited to open this session to the whole school community so please attend this session with your children. We are enriching the already thriving community of St Mary's C of E primary, we are fostering a sense of belonging, community and uniqueness.

The session is interactive, practical and great fun. Designed to be positively transformational and equip pupils and adults alike with lifelong tools to facilitate potential, our Art of Brilliance programs are underpinned by cutting-edge research and have been delivered in schools around the world.

We are thoroughly looking forward to joining you; and together we will make a positive difference in your school and community.

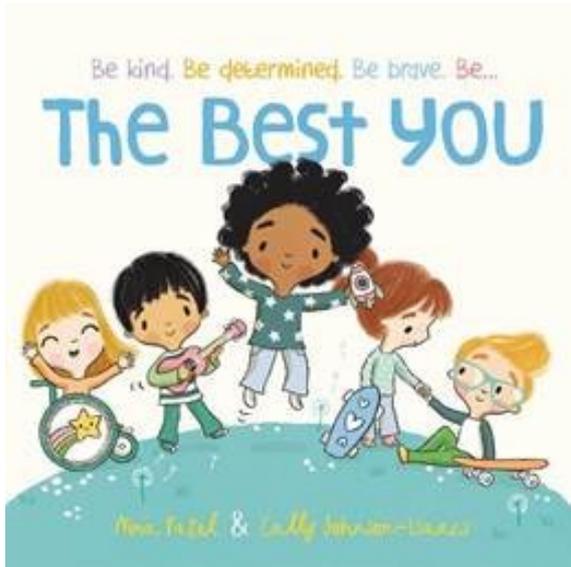
Session Date: **Tuesday 20th February 2024**

Session Times: **3.30pm – 4.30pm or 4.45pm – 5.45pm**

Book Here: **Your school Gateway account**

For more information please contact: **Laura or Becky in the office**

Recommended Read



The Best You

Author: Nima Patel

Illustrator: Cally Johnson-Isaacs

Publisher: Little Tiger

In this gentle and uplifting picture book, the common question 'What do you want to be when you grow up?' is turned on its head.

Children are often asked to think about *what* job they might like to do from an early age. And whilst there is nothing wrong with ambition, this question can feel difficult – after all, there is still so much to learn about the world and maybe you'd like to do many jobs!

So instead, this book invites us to ask children *who* it is that they would like to be. From teacher to firefighter, engineer to artist, each job is addressed in turn for the important qualities and values that they require; qualities such as patience, empathy, bravery and vision.

With adorable illustrations to depict the different job qualities and upbeat text from a parenting coach and former primary teacher, this is a gentle celebration of the more important attributes that children need to thrive. It also champions the importance of teaching children how to adopt a growth mindset and building emotional resilience in a world where mistakes are a normal part of life and learning.

Interest Age: 6-8

Reading Age: 6+

Diary Dates

Monday 8th January 2024	After School Clubs Begin This Week
Tuesday 16th January 2024	Early Help Hub Drop In Session
Monday 22nd January 2024	Year R Vision Screening
Wednesday 24th - 25th January 2024	Year 6 Bristol Trip
Friday 2nd February 2024	NSPCC Number Day
Monday 12th February 2024	Half Term
Monday 19th February 2024	School Opens
Tuesday 20th February 2024	Wellbeing Workshop
Wednesday 20th March 2024	Rocksteady Easter Concert
Monday 26th February 2024	Parents Evening
Tuesday 27th February 2024	Parents Evening
Wednesday 28th February 2024	Parents Evening
Tuesday 26th March 2024	Easter Service - Kenwyn Church
Friday 29th March 2024	Easter Break - Happy Easter!
Monday 15th April 2024	School Opens
Monday 6th May 2024	Bank Holiday
Monday 27th May 2024	Half Term
Monday 3rd June 2024	School Opens
Wednesday 17th July 2024	Rocksteady Summer Concert
Monday 22nd July 2024	Inset Day
Tuesday 23rd July 2024	Inset Day
Wednesday 24th July 2024	Inset Day
Thursday 25th July 2024	Summer Holidays Begin!
Tuesday 3rd September 2024	School Opens