

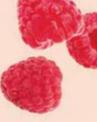


WEEK 1

W/C: 30/10, 20/11, 11/12, 01/01, 22/01, 12/02, 04/03, 25/03

MONDAY **TUESDAY** WEDNESDAY **THURSDAY FRIDAY Beef Bolognese №** Served with Wholewheat Pasta and Garlic **Classic Beef Burger** Chicken, Vegetable and Mash Pie 🧇 **Breaded Fish Fingers** HOT SPECIALS Served with Potato Wedges Served with Potato Wedges Served with Gravy Served with Chips and Herb Bread UTUMN/WINTER 202 Vegetarian Bolognese 💿 📦 🤫 Vegetarian Burger **Vegetable Pastry Roll** • Crispy Quorn Nuggets o Served with Wholewheat Pasta and Garlic Served with Potato Wedges Served with Mashed Potato and Gravy Served with Chips and Herb Bread JACKET Jacket Potatoes 🥪 🙍 Jacket Potatoes 🤫 💿 Jacket Potatoes 🤫 🔉 Jacket Potatoes 🤫 🚳 Jacket Potatoes 🤫 🙍 with a choice of hot and cold fillings, with a choice of hot and cold fillings including Salmon Mayonnaise Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🔻 🐲 All main meals are served with two vegetables **Original Flapjack** Vanilla Ice Cream **Beetroot Brownie** Crispy Crackle Bar with Fruit & Carrot, Orange and Sultana Slice 5 **PACKED LUNCH AVAILABLE AVAILABLE EVERY DAY** Vegetarian 🔊 Oily Fish 🗱 Wholegrain Ham and Cheese sandwich available daily with veg Water, salad, freshly baked bread, sticks and fresh fruit or dessert of the day Fruity! W Nutritionist's Choice yoghurt & fresh fruit





WEEK 2

W/C: 06/11, 27/11, 18/12, 08/01, 29/01, 19/02, 11/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JACKET HOT SPECIALS POTATO	Cheese and Tomato Pizza	Turkey Con Chilli ₩ ❤ Served with Wholegrain Rice	Roast Beef Served with Roast Potatoes and Gravy	Sausage Pasta Bake Served with Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
HOT SPECIALS	Vegetarian Cottage Pie ⊗ Served with Gravy	Macaroni Cheese ⊘	Cheesy Leek and Carrot Crumble	Vegetarian Sausage Pasta Bake ₩ Served with Garlic and Herb Bread	Crispy Quorn Nuggets O Served with Chips
JACKET	Jacket Potatoes 	Jacket Potatoes ॐ ⊙ with a choice of hot and cold fillings	Jacket Potatoes ॐ ⊙ with a choice of hot and cold fillings	Jacket Potatoes 	Jacket Potatoes ॐ ♡ with a choice of hot and cold filling
		Tomato Pasta Fresh, l	nomemade tomato and basil sauce with pen	ne pasta 🔻 🤯	
		All main	meals are served with two vegetable	es .	
DESSERT	Apple Crumble with Custard &	Crunchy Chocolate Biscuit	Chocolate and Vanilla Marble Cake	Carrot Cake 🖔	Strawberry Ice Cream
•	PACKED LUNG	CH AVAILABLE A	VAILABLE EVERY DAY	V Vegetarian 🖎 C	oily Fish 😻 Wholegrain





sticks and fresh fruit or dessert of the day

WEEK 3

W/C: 13/11, 04/12, 25/12, 15/01, 05/02, 26/02, 18/03

Fruity! W Nutritionist's Choice

MONDAY **TUESDAY** WEDNESDAY **THURSDAY FRIDAY** Cottage Pie 🥪 **Roast Pork** Chicken and Vegetable Korma ** * **Southern Fried Chicken** HOT SPECIALS Served with Potato Wedges Served with Gravy Served with Roast Potatoes and Gravy Served with Wholegrain Rice Served with Chips UTUMN/WINTER 202 Chilli No Carne with Crispy Tortilla **Sweet Potato and Chickpea Roast** Cauliflower Macaroni Cheese @ ** Crispy Quorn Nuggets o Served with Garlic and Herb Bread Served with Wholegrain Rice Served with Chips Served with Wholegrain Rice Served with Roast Potatoes and Gravy JACKET Jacket Potatoes 🤫 💿 Jacket Potatoes 🤫 🔉 Jacket Potatoes 🤫 🚳 Jacket Potatoes 🤫 👩 Jacket Potatoes 🤫 🙍 with a choice of hot and cold fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🔻 🐲 All main meals are served with two vegetables Pineapple Upside Down Cake with Chocolate Ice Cream with Magic Apple and Cinnamon Bake & **Strawberry Jelly** Banana Cake & **Shortbread Biscuit PACKED LUNCH AVAILABLE AVAILABLE EVERY DAY** Vegetarian 🔊 Oily Fish 🗱 Wholegrain Ham and Cheese sandwich available daily with veg Water, salad, freshly baked bread,

yoghurt & fresh fruit