



Friday 12th January 2024

Issue number 736

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Cornish Caretakers

Friendship Class took part in a really exciting drama workshop with 'The Cornish Caretakers', this week. They learnt about mining in the past, and famous inventors. The show featured women and men from the world of tin and copper mining in Kernow. It was full of facts,



laughs, Cornish magic and Richard Trevithick's Puffing Devil (replica)! The children absolutely loved it!

A huge thank you to Ed Rowe and his Cornish Caretakers for offering us this fantastic opportunity. It really was a great experience and a wonderful and immersive way for the children to learn about our mining history!



You're never too young to make a difference.

1 Timothy 4:12

Calling all volunteers...



...are you free on a weekday morning between 8.35 and 9am?

We are looking for parent/guardian volunteers to help us, by coming into school to listen to the children read. If this is something you are able to help with and are interested in, please contact the school office.

Staffing Update

We are delighted to announce the return of Mrs. Shelton! Following her maternity leave, Mrs. Shelton will be returning to Sunrise Class at the beginning of February. We would like to say a huge thank you to Miss. McNamara for looking after the Sunrise Class for the last year! We are also pleased to confirm that Miss. McNamara will be staying in the St. Mary's family, and will be looking after Joy Class alongside Mrs. Stevenson and Miss. Williams, in Mrs. Spencer's absence.



After School Clubs

As a reminder, the clubs list is as follows:

Monday: Blue Peter Book Club - Y3, Y4, Y5, Y6
KS1 Football - YR, Y1, Y2
KS2 Tag Rugby - Y5, Y6

Tuesday: KS1 Multi Sports - YR, Y1, Y2

Wednesday: Art Club - All Year Groups
Running Club - Y4, Y5, Y6

Thursday: KS2 High Five Netball/Basketball - Y3, Y4, Y5, Y6
Mindful Creativity - All Year Groups

All club information is available on Gateway. If you would like to be added to the waiting list for a club which is full, please contact the office.



Eat. Move. Sleep.

Creating Your Best Life



Self-care is crucial and self-compassion is the starting point.

Everything is connected. What we put into our bodies impacts our energy levels, which impacts how well we perform inside and outside the classroom.

We all know that looking after ourselves is one of the best things we can do but sometimes we need a gentle nudge in the right direction. This session teaches young (and old!) people positive healthy habits linked to eating, moving and sleeping. Mastering these habits early is the key to feeling great and having an amazing life. Some of the topics covered include screen time, how we have more options than we think, how we learn, the importance of family connection and a strong sense of self.

We are excited to open this session to the whole school community so please attend this session with your children. We are enriching the already thriving community of St Mary's C of E primary, we are fostering a sense of belonging, community and uniqueness.

The session is interactive, practical and great fun. Designed to be positively transformational and equip pupils and adults alike with lifelong tools to facilitate potential, our Art of Brilliance programs are underpinned by cutting-edge research and have been delivered in schools around the world.

We are thoroughly looking forward to joining you; and together we will make a positive difference in your school and community.

Session Date: **Tuesday 20th February 2024**

Session Times: **3.30pm – 4.30pm or 4.45pm – 5.45pm**

Book Here: **Your school Gateway account**

For more information please contact: **Laura or Becky in the office**

NSPCC Number's Day!



On Friday 2nd February we will be taking part in the NSPCC Number Day 2024. We would like to invite all children and staff to "Dress Up for Digits". Children may simply wear an item of clothing with a number on it for example a favourite sports top or cap, or even a onesie. Why not get more creative and design a unique t-shirt, hat or even become a human-sized calculator or dice?

We will have a mathstastic fun-filled day of magical maths, Dress up for Digits, activities and games. We will also be welcoming donations for the NSPCC's Speak out, Stay safe services.



NSPCC

**Speak out.
Stay safe.**

★ STARS OF THE WEEK ★

| | | |
|--------|------------|--|
| Year R | Sunrise | Molly Pollard For demonstrating an amazing understanding and application of rhyming |
| Year 1 | Joy | Regan Martin For identifying proper nouns |
| Year 2 | Trust | Ollie Hagan For having a fantastic attitude towards learning, well done! |
| Year 3 | Hope | Jack Savage For always following the school rules and being a kind and caring member of Hope Class |
| Year 4 | Friendship | Isla Whaley For using capitals for proper nouns |
| Year 5 | Compassion | William Andrzejuk-Allen For programming Crumble to flash a light on and off |
| Year 6 | Courage | Oscar Julyan For being an exemplary role model to others by always being ready to learn, trying his best and showing respect to every aspect of school life |

Jigsaw Weekly Celebration

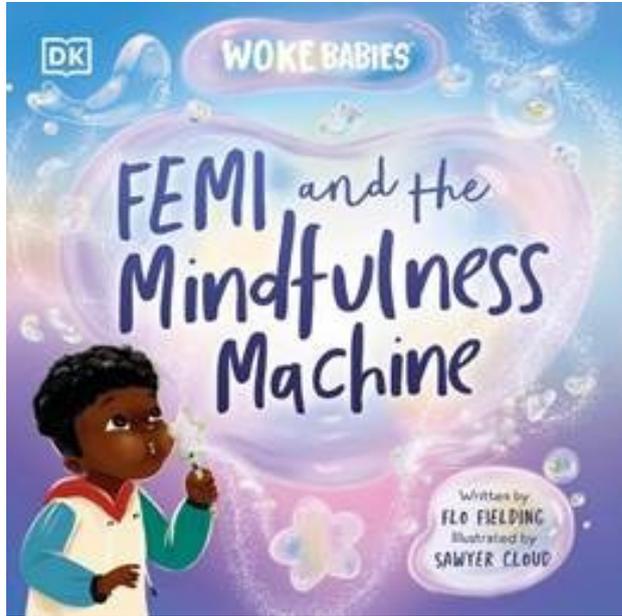
This week, we will be celebrating people who:

Know how give and receive compliments

Lamorna Chase, Jowan Pill, Reva Dhumane, May Hannon, Luna Alibuyog, Dotti Daly, Sebastian Hadfield, Ollie Hagan, Zak Abdalla, Evelyn O'Reilly, Aiyla Mills, Zane Rago, Eliza Shirley, Jack Neil, Angel Lin, Isaac Andrzejuk-Allen, Jack Savage, Finley Senior, Isla Whaley, Prisha Dhumane, Connie Tucker, Aveline Rankine, Fergus Bennett, Ben Hocking, Freddie Paul, Idris Gough, Isaac Shirley, Connor Champion, Toby Duke, Laila Green, Oscar Julyan, Joshua Gardner-Chicote, Zoe Lewis, Isabelle Middleton, Sophia Somerville, Rami Talab, Elissia Neil.



Recommended Read



Femi and the Mindfulness Machine

Author: Flo Fielding

Illustrator: Sawyer Cloud

Femi is making a wind machine for Science Day at school. When he blows on the windmill's sails, the blades spin round and lift a paper cup. Only, sometimes it doesn't work. What if it doesn't work on

the day? What if he's too nervous to explain how hard he's worked on it? Luckily, Gran has some delicious hot chocolate, and some useful thoughts. She knows that the way to tackle any problem is to breathe slowly and stay calm. Plus blowing bubbles can help! The next day, when Femi's machine doesn't work at school, he uses her advice to stop feeling anxious, and shares it with his friends. Gran was right: it's not what you do, it's the way that you do it!

This delightful book delivers its mindful message with a light touch. It paints familiar scenes of home and school. Femi and his gran have a brilliantly warm, loving relationship, and the gorgeous illustrations are friendly and cosy. This is a picture book that would benefit children in their first few years of school, who might panic about homework demands, or any unfamiliar situation. It would be good to read aloud to a class, to begin a conversation about techniques to calm anxiety.

Interest Age: 4-5

Diary Dates

| | |
|------------------------------------|--------------------------------------|
| Tuesday 16th January 2024 | Early Help Hub Drop In Session |
| Monday 22nd January 2024 | Year R Vision Screening |
| Wednesday 24th - 25th January 2024 | Year 6 Bristol Trip |
| Tuesday 30th January 2024 | Year 1 Trip to Royal Cornwall Museum |
| Friday 2nd February 2024 | NSPCC Number Day |
| Friday 9th February 2024 | Year 2 Museum Trip |
| Monday 12th February 2024 | Half Term |
| Monday 19th February 2024 | School Opens |
| Tuesday 20th February 2024 | Wellbeing Workshop |
| Wednesday 20th March 2024 | Rocksteady Easter Concert |
| Monday 26th February 2024 | Parents Evening |
| Tuesday 27th February 2024 | Parents Evening |
| Wednesday 28th February 2024 | Parents Evening |
| Tuesday 26th March 2024 | Easter Service - Kenwyn Church |
| Friday 29th March 2024 | Easter Break - Happy Easter! |
| Monday 15th April 2024 | School Opens |
| Monday 6th May 2024 | Bank Holiday |
| Monday 27th May 2024 | Half Term |
| Monday 3rd June 2024 | School Opens |
| Wednesday 17th July 2024 | Rocksteady Summer Concert |
| Monday 22nd July 2024 | Inset Day |
| Tuesday 23rd July 2024 | Inset Day |
| Wednesday 24th July 2024 | Inset Day |
| Thursday 25th July 2024 | Summer Holidays Begin! |
| Tuesday 3rd September 2024 | School Opens |

